PRINCIPALS REPORT

School Photos

A very big thank you goes to Mr O’Rourke for his amazing organisation of the 2014 school photos. Anyone who has tried to organise family and friends for a snapshot could really understand what it takes to manage 1100 students and 64 members of staff. Well done Mr O’Rourke!

Reminder: National Assessment Program – Literacy and Numeracy (NAPLAN)

If your child is currently in Year 3, 5 they’ll sit NAPLAN tests this May. And despite what you may have heard there’s no reason to panic or start an intensive study schedule for your child. Find out more: http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/all-about-naplan

Bounce Back: A wellbeing and resilience Approach

For the last few years teachers at Harbord Public School have implemented the “Bounce Back” philosophy into their class programs. The activities we do in this area is influenced by the work of Dr Toni Noble who has look at ways that schools can provide an enabling environment to develop the skills of resilience. Central to Bounce Back is the development of personal coping skills. Teachers encourage students to be optimistic and to find the positive in negative situations; recognise that bad situations are temporary and acknowledge that bad situations are not their fault. Being optimistic also creates a sense of purpose and hope for the future.

Bad times don’t last. Things always get better. Stay optimistic.
Other people can help if you talk to them. Get a reality check.
Unhelpful thinking makes you feel more upset. Think again.
Nobody is perfect—not you and not others.
Concentrate on the positives (no matter how small) and use laughter.
Everybody experiences sadness, failure, rejection and setbacks sometimes, not just you. They are a normal part of life. Try not to personalise them.

Blame fairly. How much of what happened was due to you, to others and to bad luck or circumstances?
Accept what can’t be changed (but try to change what you can change first).
Catastrophising exaggerates your worries. Don’t believe the worst possible picture.
Keep things in perspective. It’s only part of your life.

Safety around School

Please exercise care at all times! Remember to set the standard for your children by modelling the appropriate way to cross at the marked crossing or using the pedestrian lights.

Staff carparks:

For the safety of our staff and students please note the car parks within the school grounds are for authorised persons only. Craig Davis

Bank with us and everybody benefits

Proudly supported by: Freshwater Community Bank® Branch
20 Albert Street, Freshwater
Phone 9939 6744
From the Deputy Principal

Moving into Year 7 in a NSW Government School in 2015
The Expression of Interest forms for year 6 students moving into a NSW Government High School in 2015 are now due. A number of students have yet to return these forms. It would be appreciated if outstanding forms could be returned to school office by end of this week.

School Photographs
The summer PSSA team photographs were taken last Friday. The students were in the required sport uniform and cooperated beautifully to have all photographs completed before recess. On Wednesday we went through the massive exercise of completing 44 class photographs and over 1100 individual photographs. The standard of uniform was excellent. Thank you parents. The photographers have responded well to the therapy sessions following the exhausting day. Sibling portraits will be taken on Monday 30th March from 9.20am in the school hall. Sibling order envelopes are available from office.

Anzac Day Ceremony
Harbord PS will be conducting an Anzac Day Ceremony on Friday 11th April at 10.30am in the school hall for our Year 2-6 students. The ceremony will be conducted by our school captains and seniors and our senior choir and several band members will perform at the ceremony. All K-6 classes will study Anzac Day at an appropriate level for each grade prior to the assembly. Parents are most welcome to attend the assembly on Friday 11th April.

School Procedures
Thank you to students and parents who use the pedestrian access ways to enter and leave the school. Your common sense is appreciated.

Regional Swimming Carnival
12 Harbord students attended the Regional Swimming Carnival at Homebush on Tuesday 25th March. All our representatives performed well at the regional level. Special mention to Toby Mayhew who placed 6th in 8yrs 50m freestyle final, Molly Prendergast who placed 6th in junior 50m butterfly final and the senior boys relay team comprising Bodhi Spijker, Chad McKinlay, George Pittar and Jack Reid who placed 8th in the final. Thank you to Mr Holmes and Mrs Cummins who acted as officials at the carnival and kept a close eye on the Harbord competitors throughout the day. Well done boys and girls. We are very proud of the way you represented Harbord at the regional swimming carnival.

Summer PSSA Sport
Due to the changeover from summer to winter sport there will be no Summer PSSA competition on Friday 28th March and Friday 4th April. Summer PSSA teams will train on these two dates and the Sport in Schools program will continue as normal for our year 3-6 students. The final Summer PSSA round for term 1 is round 4 on Friday April 11th.

Cricket Knockout
Congratulations to our senior cricket team on their strong win in round 1 of the Brian Taber Shield on Tuesday. Harbord 0/54 after 11 overs defeated Gordon West PS 7/51 after 20 overs. Callum McKay 35 not out and Noah Moss 18 not out batted extremely well to pass the Gordon West total. All bowlers performed well to restrict Gordon West to 7/54 in their 20 overs. Noah Moss 2 wickets and Alex Jacobs, Jackson Griffiths and Finn Harte 1 wicket each bowled accurately. The team also secured two run outs. Dominic Edgell continues to impress as an effective wicket keeper. The team is drawn to play Manly West PS in the next round of competition.

Brian O'Rourke
Reminder: ANZAC Day
Harbord Public School will be holding Anzac Day Ceremony in the hall on Friday April 11th for year 2-6 students in recognition of the 100 years of ANZAC.

Parent Teacher Interviews Term 1 2014 - Information for Parents

Once again this year we are booking Parent Teacher Interviews online.
The main week for interviews is Week 11, the last week of term, Monday 7th April to Friday 11th April.

Bookings are now open!

Over 650 bookings were made in the first day so you will need to get in now to secure your preferred time. Bookings will CLOSE on Friday 4th April at 4pm.

Parents...

Go to www.schoolinterviews.com.au
For students in *Years 1 – 6: Enter the event code EMPB2 and press “Go”
For students in *Kindergarten: Enter the event code PX4CB and press “Go”

*There are separate log-ins for 2HB and KH as their interviews are being held prior to week 11.
Use Event code WCFJ6 for 2HB (bookings will reopen after 9am Friday)
Use event code GU9H5 for KH

Booking interviews is as easy as 1 - 2 - 3:

1️⃣ Enter your details First enter your name, your student's name(s), and your email address.

2️⃣ Choose teachers On the next page, choose your teacher

3️⃣ Choose times Then you'll see a timetable showing when your chosen teacher is available (make sure you scroll across the page to see and consider all options). Simply click on the time that suits you. You can then add interviews with additional teachers if you have more than one child. When you have finished, your interview time(s) will be emailed to you. If something comes up, you can return to the site and change your interviews whenever you want.

If you are experiencing difficulties with the site or process, please ring Ms McKenzie during school hours.
Tanks a lot Harbord

Our water tank mural is overflowing from the generous donations brought in by the children. Some children earned their money, some gave up a treat, some encouraged others to help as well. 5S created posters and asked shop owners in the Village if they would mind displaying their posters and collecting money, thereby including people beyond the school in our efforts.
Total collected so far is over $1,700 (and counting!)
(There is still time to donate; we will be collecting till Friday!)

Canteen News

Volunteer Roster:

<table>
<thead>
<tr>
<th>Mon 31st Mar</th>
<th>Tues 1st April</th>
<th>Wed 2nd April</th>
<th>Thurs 27th Mar</th>
<th>Fri 28th Mar</th>
</tr>
</thead>
<tbody>
<tr>
<td>Danica Williams</td>
<td>Honie Farrington</td>
<td>Danielle Gedz</td>
<td>Helen Barnes</td>
<td>Jenny Roberts</td>
</tr>
<tr>
<td>Brooke Bennett</td>
<td>Megan Carroll</td>
<td>Carrie Keys</td>
<td>Mandy Bradley</td>
<td>Kristina Porteous</td>
</tr>
<tr>
<td>Nicole Reber</td>
<td>Noleen Lance</td>
<td>Jo Land</td>
<td>Emily Mornington</td>
<td>Andree Taylor</td>
</tr>
<tr>
<td></td>
<td>Elleker Cohen</td>
<td></td>
<td>Volunteer needed</td>
<td>Volunteer needed</td>
</tr>
</tbody>
</table>

Thurs 3rd April
Kathryn McDonald
Michelle Jenkinson
Vanessa Kendall
Volunteer needed

Fri 4th April
Cristina Cannon
Sue Ainsworth
Benita Manion
Nicole Holmes
Volunteer needed

Flexischools online ordering: Online only way you can place an order for your child’s lunch from the canteen. Please register at www.flexischools.com.au

Ginger Bread Easter Bunny Cookies are available till end of term in place of Ginger bread cookies

Jan Baldwin, Canteen Manager 0400 816 650 or 9939 1651

The Best Invitation of the Year!
The P&C would like to invite you to the inaugural (for 2014) Working Bee
Sunday 6 April 2014
3.00pm – 5.30pm

If you have never attended a Harbord Public School working bee before here is what previous working bee participants have said:
‘An awesome experience – must do at least once a term’
‘Fabulous’
‘Once in a lifetime (we’ll several time a year anyway) chance to reconnect with nature –’
‘It was backyard blitz on a scale never seen before’
‘As I work full time it was great to be able to contribute to the school on the weekend’
Pls bring gardening tools especially spades and wear clothes that can get dirty!! Meet in the environment area above the cricket nets.
We will finish with a BBQ, so pls RSVP to harbordps.grounds@gmail.com or print the slip below and return to the P&C box in the school office.
Many thanks for your help!

Please count me in for the working bee on 6 April
Name: ____________________________
No of adults: ___________________
No of children: ________________
Northern Beaches Local Area Command offers a Cyber Safety program for parents

We are pleased to inform you that Northern Beaches Local Area Command offers a Cyber Safety program for parents. This initiative has been in place since May 2013 and endorsed by the command. The next Cyber Savvy workshop delivered by Cyber Safety Advocate Leonie Smith is to be held on **Tuesday 29th April 2014** at 7pm at Oxford Falls Grammar School. All parents are welcome to attend. The workshops are free but bookings must be made on youthbookings@warringah.nsw.gov.au or for more information call 9942 2681

**ARE YOU CYBER SAVVY?**

*A quarter of Australian children have reported that they have been bullied online, with many more inadvertently coming across adults-only content on their home computer or mobile device.*

Cyber Safety Advocate Leonie Smith says it’s time parents of primary and high school students had their home computers and mobile devices set up for safe online use.

Leonie has more than 16 years online experience in computing, online marketing and social media and will discuss strategies on how to keep lines of communication open with our children in regards to their online lives at this Cyber Safety Presentation.

**The presentation will include:**
- Updates on the latest in apps and platforms
- Safe search settings
- Dangerous apps and blogging sites
- What is cyber bullying?
- Common traps for young people
- Q&A discussion on communication strategies

**Tues 29 Apr**
7 – 8.30pm
Oxford Falls Grammar School, 1078 Oxford Falls Rd, Oxford Falls
FREE but bookings essential on youthbookings@warringah.nsw.gov.au or for more information call 9942 2681
Parents and Citizens News

SCHOOL UNIFORM

Over the last six months, the P+C has received a number of questions about the school uniform. We thought it might be helpful to provide a brief overview of the issues that have been discussed and the outcome of these discussions.

Q. **Who is responsible for making decisions about the uniform?**
A. School uniform policy must be the result of formal consultation with students, teachers and parents/carers including the P&C Association, local Aboriginal Education Consultative Group and School Council (where relevant) – extract from DEC uniform policy

Q. **How can I get the white shirts clean when soaking them changes the colour of the collar?**
A. Pickles (the official school uniform supplier) has been consulted and they recommend soaking new shirts in salt water for several hours BEFORE the first wash. This helps to set the maroon dye in the collar.

Q. **Can we have lighter-weight material for the shirts?**
A. The material used to make the shirts lighter isn’t as sun safe and requires ironing. The existing fabric is 60% cotton/40% polyester in 240gsm weight which provides more sun protection.

Q. **Can we change the colour of the white shirts?**
A. There are a couple of points worth considering:
1. A major benefit of the white shirt is that white is generally considered to be more cooling than other colours, given that it reflects the sun.
2. Changing the colour of the shirts would require significant time and effort with consultation within the school community required as well as the additional cost for families. It would also require a review of the sports uniform which currently uses the same shirt as the boys school uniform.

For these two reasons the P+C has decided for the time being, faced with less than a handful of requests to change the colour, to retain the current white shirts.

If you have any questions about the uniform, you are most welcome to raise them with the P+C.

---

**Year 5 Cake Stall cancelled tomorrow 27th March.**

**New date, next Thurs 3rd April!!!**

**Year 5 Cake Stall**

**Thurs 3rd April**

**From 2.45pm**

**All money raised goes to Year 5**

All cakes and goodies are to be taken to class rooms in the morning, please do not bring anything that needs to be kept cold

We also need Year 5 parents to help on the stall, in the afternoon
WHAT’S ON IN TERM 2 - COURSES/WORKSHOPS FOR PARENTS/CARERS

**Tuning in to Kids Course** (3-10yrs)
Help your child develop emotional intelligence, manage emotions & deal with conflict.
Chatswood 5wks/2.5hrs (22/5 - 19/6, 7.00-9.30pm)

**Triple P (Positive Parenting Program) Course** (3-8yrs)
Strategies to encourage desirable behaviour and manage persistent misbehaviour.
Chatswood 7wks - 5 group & 2 telephone (14/5 - 25/6, 7.00 - 9.30pm)

**NEW Communicating with Kids Workshop** (based on PET) (4-12 yrs)
Communication skills for building effective long term relationships with your children & family.
Chatswood (18/6, 7.00-9.30pm)

**Tuning in to Teens Course**
Emotional intelligence & communication skills to understand your adolescents' needs & behaviour.
Chatswood 5 wks (19/5 - 23/6, 7.00-9.30pm)

**Toddlers Workshops** (1-3yrs)
Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep
Chatswood 13/5, 20/5 & 27/5 (3 wks/2.5hrs each, 7.00-9.30pm)

**Resilient Kids Workshop**
Strategies to accept & express feelings, develop optimistic thinking & coping skills
Chatswood (15/5, 7.00-9.30pm)

**Dealing with Teen’s Backchat Workshop**
Learn how to restore a respectful & positive relationship between you & your teenager
Chatswood (12/5, 7.00-9.30pm)

**WORKSHOPS ON REQUEST - PHONE 9887 5830** (2-2.5 hours)

- Understanding Your Toddler/Discipline & Tantrums
- Tucker without Tantrums/Toilet Training
- Speech & Language Development/Sleep
- Older Sibling - New Baby
- Bully Busting
- Resilient Kids
- Transition to School
- Transition to High School
- Triple P Seminar Series 1-12 yrs & Teens
- Communicating with Kids
- Dealing with Teen’s Back Chat
- Grand Parenting

Enquiries: Child & Adolescent Parenting 9887 5830
Self-development through drama!
Boost your child’s creativity, confidence and communication skills.

Enrolling Now – Ages 5 to 17
Contact 9982 9085