SPARE A THOUGHT FOR OUR VOLUNTEERS
Thank you to all our volunteers who give their time so willingly and selflessly. From our wonderful volunteers who through their own dedication and commitment provide special education classes, including ethics classes, class parents, volunteer readers, multi-lit, class helpers, excursion support, canteen, uniform shop, P&C and working bees. These volunteers deserve our courtesy and respect! A special thank you to Stuart Smith who spent his Father’s Day shovelling a mountain of soil left over from the working bee. We thank you one and all!

TRIVIA NIGHT
We are all looking forward to next Saturday’s Trivia Night! Look out Gatsby!!

GREAT PUBLIC SCHOOLS
Sally Young writes in her recent article in the Sydney Morning Herald, “In an era when more parents are driving their children to schools further away, resulting in longer commutes for kids and weakened connections with their local communities so they do not know the other kids in their own street or local park.” I can honestly say that this isn’t the case in the community of Freshwater. I am amazed at the incredible number of connections in our community as a result of being a student or parent of Harbord Public School. The latest connections have been a surgeon in Melbourne, a volunteer at Stony Range Reserve and founder of the charity, “Pink Hope”, Krystal Barter. It only goes to reinforce that Harbord is a great school with great students and staff, supported by an even greater community, rich in diversity.

PINK HOPE
Krystal Barter, an ex-student and current parent, founded the charity Pink Hope in 2009. Krystal’s work highlights the passion she has about women’s health. If you would like to support the Pink Hope Charity or find out more about the fantastic work it does, you can by celebrating Bright Pink Lipstick Day on Friday 20th September 2013. See elsewhere in this newsletter.

STONY RANGE SPRING FESTIVAL - SUNDAY 8 SEPTEMBER 9am - 4.00am
Here is a chance to celebrate spring at a native oasis in the heart of Dee Why. (Stony Range Regional Botanical Garden 810 Pittwater Road Dee Why next to Office Works). For those of you who have not visited this wonderful natural resource Sunday will provide:

- Guided walks
- Bush tucker
- Feature Creature Show
- Sausage sizzle
- Plant and book Sales
- Photo Exhibition

Craig Davis
From the Deputy Principal

Summer PSSA Sport
Summer PSSA competition resumes on Friday 13th September. The following sports will resume competition at this time. Cricket, Volleyball, Newcombeball, Boys Eagle Tag, Girls Eagle Tag, Softball, T-Ball. Students will be bussed to their respective venues each Friday. PSSA will also be on the last day of term 3 on September 20th and resume week 1 term 4 on Friday October 11th.

MS Readathon
The reading period has now finished and it is time for participants to collect sponsorship money and send to MS Readathon. Thank you to the 27 students who have registered online for the MS Readathon 2013. The collection period concludes at the end of September.

Sports Skills Program
The sports skills program for non – PSSA students resumes on Friday 13th September at Harbord Park in the afternoon session. The next stage of the program will have more emphasis on competition games based on House sport groups. Thank you to our year 4,5,6 representatives who had the opportunity to meet with the sports skills teachers and make suggestions for activities for the remainder of the program. These suggestions will be implemented in the coming weeks.

Manly Zone Athletics Carnival
Harbord placed 5th at the Manly Zone Athletics following 2 days of competition. The competition was very strong and 7 of our participants qualified for the upcoming Regional Athletics Carnival at Homebush on September 9th. Well done to our regional qualifiers: Millie Flower - 1st place 11yrs Shot Put, Millie Prior – 1st place Junior Shot Put, Maria Bartosh – 2nd place Junior Shot Put, Tyson Vawdrey – 1st place Senior 800m, Antonio Tafua – 1st place 9 years 100m, Josh Gedz 2nd place 8 years 100m, Angus Whitehead 3rd place 8 years 100m.
Manly students reached finals and performed creditably throughout the day. Thank you to Mrs Fejes who worked with our relay teams prior to the carnival. All of our relay teams qualified for the finals. The accompanying Harbord teachers all commented on the outstanding behaviour and attitude of the Harbord children throughout the 2 days of competition. Well done boys and girls

Sporting Achievements
Congratulations to: Mya Geros on her selection in the NSWPSSA Softball Team following the State Carnival held at Penrith over three days last week. Metropolitan North finished 2nd at the carnival and Mya impressed with her skills as a catcher/shortshop throughout the carnival to gain selection. Guiseppe Plati was a member of the Metropolitan North Rugby Union Team that placed 2nd at the State Carnival on 20th, 21st, 22nd August at Sydney East venue. This was a particularly good achievement for Guiseppe as he also represented Metropolitan North in Rugby League earlier in the year. Our junior boys 7’S Rugby Union team that won their Gala Day earlier in the week. Several Harbord teams competed in the Gala Day and many of our girls scored tries during the competition. Mr Carroll and Mrs Cummins ensured the 7’s teams had an enjoyable day at Narrabeen.

Brian O’Rourke
6th Annual Harbord Short Film Festival: It's On Again!

Lights, Camera, Action!
The 6th Annual Harbord Short Film Fest will be held in Term 4, Week 7 (Wednesday 21st November 2013 at 7pm in the Hall).

But we need a theme...that's where YOU come in. We want students to again choose the theme for this year's Short Film Fest. It can be anything. Past themes have been Famous Movie Lines (2012), Number 11 (2011), Water (2010), Infinity (2009) and The Letter H (2008). Simply place your idea in the colourful box at the Office over the next week. The winning idea will receive a prize at the next Chook Lotto assembly.

All entries must be handed in on a DVD by the end of Week 3 of Term 4 (Friday 25th October), accompanied by a large cinema-quality poster for display. Films are restricted to 3 minutes. That's why it's called a Short Film Fest. The Short Film Fest Committee will preview your films and let you know if your entry is successful.

To ensure high quality films are produced, I will conduct an Information Workshop in 3/4K at Lunchtime on Wednesday 4th September (Term 3 Week 8). Further workshops may be offered over the next few weeks.

This is a great school holiday activity to keep budding film makers busy. So buddy up with your friends and start thinking about your project. You have 7 weeks. Camera rolling!

Paul Kelly
Assistant Principal, Teacher 3/4K, Short Film Fest Coordinator

PINK HOPE
THE PARENTS AND THE EGG
She sat and smelt the hot, boiling egg sitting in front of her ready to eat. She felt the farm cat purring loudly on her lap. She saw the farm dog running in the house. She heard her mum groaning because of the muddy paw prints. She hoped her mum wouldn’t start shouting at the little, innocent puppy again.

Mary is a little girl who is nine years old. She has dark blue eyes and short blonde hair. Mary lives on a farm and has fresh boiled eggs from the chickens every day for breakfast. One day after breakfast she walked out of the house and down the path to the chicken pen. She wanted to check if any of the hens had laid eggs to eat. Mary only looked for the eggs to eat because there were never chickens in the eggs.

Once Mary had searched the whole pen she realised that there were no eggs, but just as she was leaving the pen she saw something glistening buried in a pile of hay. It was all alone. No hen on it, behind or in front of it. Mary could tell why though, it was a very, very strange egg. It was blue with green polka dots all over it. The egg also had a big black hole in the middle of it. Mary did not want anybody to eat it, especially her parents. If they saw the egg they would think its just a normal egg and eat it! Suddenly the door opened and in came Mary’s dad. Her dad took one look at the egg and Mary ran outside. Her dad wanted the egg and Mary knew it! Mary ran and ran, her dad was right behind her. Suddenly Mary ran straight into her mum, the egg flew out of her hands and into her dads.

Then just as the big tragedy was about to happen, the egg hatched and there stood, on Mary’s fathers hands. A completely ordinary chicken. It cheeped and jumped off Mary’s dad’s hands and into the chicken pen.

Izzy Reid (3W)

TRIVIA NIGHT UPDATE

Only a few more sleeps until the trivia night and a few reminders for those glamming up and getting their “Great Gatsby” on Sat 7th Sept.

What you will need:

✓ A tablecloth for your table (black and white theme) table measures 210cm x 75cm (a lot smaller than the round ones we usually use)
✓ A centrepiece to hold your table number. Not too big, about the size and weight of a wine bottle, need the same height so we can see your number. Bling up a bottle or get crafty!!
✓ Coins for raffle tickets, games etc
✓ Party face on and study, study, study your trivia!
✓ To like us on facebook

And remember:

✓ You can’t bring food or alcohol into the club
✓ Get there earlier and order some pizzas or food, to beat the rush
✓ We are just a bunch of parents, having a go at organising a fundraising night out for another bunch of parents!

RAFFLE UPDATE

We have some great prizes including an IPAD MINI, restaurant dinners, beauty services, art classes, Personal Training, Massages, School hats, uniform vouchers, drama classes and more still coming!!!!!!!!!!
Volunteer Roster:

<table>
<thead>
<tr>
<th>Mon 9th Sept</th>
<th>Tues 10th Sept</th>
<th>Wed 11th Sept</th>
<th>Thurs 12th Sept</th>
<th>Fri 13th Sept</th>
</tr>
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| Katrina Harvey  
Margurette Crowley  
Monique Douglas | Emma Joyce  
Katie Golden  
Sandra Toole | Anja Agius  
Rochelle Ikawura  
Megan Connell  
Jude Nicoll  
Carrie Keys | Bec Edwards  
Debbie Morley  
Sil Vave  
Jenny Tooth  
Ballanda Sack | Wendy Quail  
Fiona Whitson  
Donna Gulbin |

**Volunteers for Fridays:** Thanks for the great response. Fridays for term 4 now have enough volunteers. If you are able to help out on a casual basis and are available when a volunteer is indicated as needed on the above roster please feel free to drop in and help out.

**Fresh for Kids Promotion – Sydney Markets**
Sorry I am still waiting on more of these to arrive. So unfortunately no more stickers will be handed out in the meantime. I still have a stock of pens and entry forms. So if you have 4 tokens at home then please bring them in.

**Increase in Drink Prices:** Due to supplier drink price increases I have had to increase all drinks to $2 with the exception of milk & small water which will remain at $1.50. Fresh seasonal fruit cups have also increased from 80c to $1.00.

**Nudie Juices & Gluten – Free Ginger Bread Cookies Now Available**
Please be careful when ordering ginger bread cookies – only press gluten free option if you are gluten intolerant or coeliac.

*Jan Baldwin*
Canteen Manager

**Noticeboard**

**Surviving Adolescence Free Mandarin Parenting Program** Designed to help parents overcome these challenges, with a focus on building a warm and trusting relationship. Oct 18, 25 and Nov 1, 8. 9.30am to 12pm Hornsby Community Hub Contact janhe@ransw.org.au or ph 0430734608

**Stage Artz** Proudly Presents *Alice the Musical* Based on Alice in Wonderland Glen St Theatre Sept 20-28 Book now 99751455 Support the Childrens Hospital at Westmead

**Allambie Heights Spring Fair**
Allambie Heights Public School Spring Fun Fair: Sunday 8th September, 10am - 4pm, Allambie Oval
Families will love this Spacetacular Spring Fun Fair. Come and enjoy carnival rides, intergalactic entertainment, awesome fair food, craft stalls and more. Ride a camel or check out the world through a telescope. Great prizes to be won in the silent auction and raffle, or come dressed in a space outfit to enter the fancy dress competition. It’s going to be Out of this World!

**AFL Fun Day** Sun 22 Sept from 1.30 to 3.30pm at James Park, Low and Palmerston Rds, Hornsby
Exciting and enjoyable fun day with basic AFL skills, games and showbags. Bookings essential Hornsby Shire Council Contact Isabella 0435494696 or email Tae.Kim@det.nsw.edu.au

**North Curl Curl Nippers Registration Days**
9am – 12pm
Sunday 8th & Sunday 15th September
www.nthcurlcurlslsc.com.au
E-mail: office@ncslsc.com.au
WHAT'S ON IN TERM 4 - COURSES/WORKSHOPS FOR PARENTS/CARERS

Tuning in to Kids Course (3-10yrs)
Help your child develop emotional intelligence, manage emotions & deal with conflict.
Chatswood 5wks/2.5hrs (7/11 - 5/12, 7.00-9.30pm)

Triple P (Positive Parenting Program) Course (3-8yrs)
Strategies to encourage desirable behaviour and manage persistent misbehaviour.
Chatswood 7sessions over 8 wks - 5 group & 2 telephone (16/10 - 27/11)

Communicating with Kids Course (based on PET) (4-12 yrs)
Communication skills for building effective long term relationships with your children & family.
Chatswood 6 wks/2.5hrs (21/10 - 25/11, 7.00-9.30pm)

Tuning in to Teens Course
Emotional intelligence & communication skills to understand your adolescents' needs & behaviour.
Chatswood 5 wks/2.5hrs (29/10 - 26/11, 7.00-9.30pm)

Toddlers Workshops (1-3yrs)
Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep
Chatswood 17 - 31/10 (3 wks/2.5hrs (7.00-9.30pm)

Resilient Kids Workshop
Strategies to accept & express feelings, develop optimistic thinking & coping skills
Chatswood (13/11, 7.00-9.30pm)

Dealing with Teen’s Backchat Workshop
Learn how to restore a respectful & positive relationship between you & your teenager
Chatswood (22/10, 7.00-9.30pm)

WORKSHOPS ON REQUEST – PHONE 9887 5830 (2-2.5 hours)
★ Understanding Your Toddler/Discipline & Tantrums ★ Transition to School
★ Tucker without Tantrums/Toilet Training ★ Transition to High School
★ Speech & Language Development/Sleep ★ Triple P (PPP) Seminar Series
★ Older Sibling – New Baby 1-12 years & Teens
★ Bully Busting ★ Dealing with Teen’s Back Chat
★ Resilient Kids NEW ★ Grand Parenting

Enquiries: Child & Adolescent Parenting 9887 5830
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Julia.higgs@lcfclubs.com.au

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Kids 10 yrs & O: those of competition standard
Tues, Wed & Thurs at 5-6.30pm
5-7 per group: $195 for the term
Tennis class
Mon 5pm: 5-7 per group: $195 for the term
BOOKINGS ARE ESSENTIAL - for good class sizes we need to know how many children will be attending. Payment due
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