CULTURAL CONCERTS
This week audiences have been treated to some fantastic public speaking, music, dance and drama performances. Harbord Public School Cultural Concerts highlight the talent and commitment of students, the support of parents and the dedication of teachers and conductors. Our children are living in a global economy that requires students think both critically and creatively, evaluate massive amounts of information, solve complex problems, and communicate well. While a strong foundation in literacy and numeracy is imperative so too is the exposure to physical education and the visual creative arts. Richard Gill is artistic director of the Sydney Symphony education program cites his belief that physical education and arts education should book-end the curriculum along with music. Until we genuinely value arts education and music education, we run the risk of in being a dull, unimaginative nation. Well, no chance of that a Harbord! Thank you one and all!

FATHER’S DAY
Father’s Day is not too far away and we have already sold some of the school’s unique T-Shirts. Don’t let your dad be the one who misses out on having his very own iconic “Harbord University College of Knowledge T-Shirt.” Limited Edition and reduced for Father’s Day. $10

HARBORD CELEBRATES PUBLIC EDUCATION
Thank you for coming along and sharing in the celebrations throughout Education Week. We appreciate the effort.

SPORTS TEAMS AND COACHES
Well done on a great season!

RESILIENCE ROBBERS- More from Michael Grose
Michael Grose is a parent educator and has identified times that we inadvertently rob our children of the opportunity to further develop resilience. In his paper he terms these times as, “resilience robbers.” The description of these resilience robbers make for interesting reading.

Robber #1: Fight all their battles for them:
Grose writes; Nothing wrong with going into bat when kids struggle or meet with difficulty inside or outside school but make sure this is the last resort, not the first option.

Resilience notion #4: Give kids the opportunity to develop their own resourcefulness.

CROSSING SUPERVISOR
The Transport Roads and Maritime Services have been out to conduct their survey of the numbers of students using the crossing and the frequency of vehicular traffic in Wyadra Street. We will know of their findings directly.

Craig Davis
From the Deputy Principal

Year 3-6 Athletics Carnival
Students are looking forward to our annual athletics carnival on Thursday 15th August at Harbord Park. Students are to wear sports uniform and may wear house coloured t-shirts. A school team will be selected following the carnival to represent Harbord at the Manly Zone Carnival at Narrabeen on Friday 23rd and 30th August. Thank you to Mr Holmes who has been working hard organising the carnival for this Thursday.

Winter PSSA Finals
Harbord fared well in PSSA finals held last Friday. Congratulations to the following teams who won their competitions and are PSSA Champions for 2013.
Senior A Rugby League
Senior B Girls Soccer
Well done to the following teams who were runners-up in their competitions.
Junior A Girls Soccer
Junior B Boys Soccer
Senior A Girls Soccer
Senior A Boys Soccer

Please note that Summer PSSA does not recommence until Friday 13th September.

Cultural Concert
Congratulations to all on the successful cultural concerts held in the school hall on Monday and Wednesday evenings. The concerts have showcased the talents of our students, teachers and coordinators. Thank you to Jen Berry, Amber Fuller and school staff on the excellent evenings for the Harbord school community.
Well done boys and girls for allowing us to share and enjoy your amazing talents.

Stewart House Fundraiser
Advanced Photography will be conducting photographic sessions at the school hall this weekend to raise funds for Stewart House. If you would like to have a family portrait please contact Jenny Tabor on 1300 653 883 to make a booking. Sessions will be conducted on Saturday afternoon and all day Sunday.

Brian O’Rourke

REMINDER: Kindergarten 2014 Enrolments
If you have children or know of neighbours, friends or cousins who will be attending Harbord next year, it would help us with our planning if completed enrolment forms could be submitted at our school office as soon as possible. Birth certificate or passport and proof of address will be required.
**REMINDERS**

**STEWART HOUSE:** *Stewart House Family photos fund-raiser.*
Saturday 17th Aug (12pm-7.30pm) and Sun 18 Aug (9am-5pm) in Harbord Public School Hall.

- **ATHLETICS CARNIVAL 3-6** at HARBORD PARK on Thursday the 15th of Aug
- **ATHLETICS CARNIVAL K-.2** at HARBORD PARK on Fri 23rd Aug.

**EDUCATION WEEK 2013**
Parents and visitors are invited to visit our school.

**Week 5 and 6 Special Program Lessons:**

<table>
<thead>
<tr>
<th>Date</th>
<th>Year 1</th>
<th>Year 2</th>
<th>Year 3</th>
<th>Kindergarten</th>
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**Ready, Set, Grow**

Warringah Council has partnered with Northern Sydney Health district to deliver the *Ready Set Grow* program to local primary schools. In March this year, Harbord Public School became involved. The three year program is specifically aimed at encouraging a positive attitude towards healthy eating and waste reduction.

The *Ready Set Grow* School Program:

- Involves everyone! Students, their families and the wider community inclusively
- Encourages and supports the creation of sustainable school fruit and vegetable gardens
- Introduces concepts such as composting, consumption, waste avoidance, recycling and healthy eating
- Links the curriculum to the Harbord SEMP (School Environment Management Plan) committee’s action plan
- Provides workshops and assistance in the areas of sustainability and maintaining a school food garden

This means the program will support Harbord as a whole school and work collaboratively with Harbord’s garden and sustainability club, the Garden Gurus. Sustainability and waste avoidance is strongly supported by the Garden Gurus. Compost bins are currently utilised by many Harbord classes, thus reducing the amount of whole school waste going to landfill.

Additionally, the Gurus fresh garden produce is used in many of our canteen’s very healthy and extremely tasty dishes. You can even buy some of the herbs every Friday after school at the school canteen. So look out for Fresh Herb Friday!

A big thank you to Warringah Council for funding the program, providing resources and support to Harbord Public School.

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**NETBALL**

Congratulations to Lottie Wiegold of Year 6 who was selected into the NSW Primary Schools Netball Team. During a recent three day netball carnival at Broken Hill, as a member of the Sydney North Netball Team, Lottie was identified as a highly skilled defensive player (Wing Defence, Goal Defence and Goal Keeper) and therefore selected into the NSW team. Lottie will now compete as a member of the team in September at Newcastle, playing against the other State Netball teams. This is a truly outstanding achievement for Lottie and we as a school are very proud of her. Well Done!

Ms Montgomery (Netball Coach)
Shivering, excited and waiting in the playground were the Year 6 Harbord P.S students, ready to leave on their Canberra excursion. On the 29th July, 2013 at 6:30am the bus was not waiting for anyone. Everyone was so tired they felt they could have slept standing up, but couldn't, because the war to get the best spot on the bus was there for the taking. Everyone pushed and fought their way to sit with their friends.

Once on the bus everyone got comfy and cosy for the two and half hour drive to Mittagong. The play equipment was a magnet as we had our first chance to stretch our tiresome bodies. Once well fed and watered we boarded the coaches, bound for Canberra.

Parliament House was next on the agenda for 118 rowdy students. Hungry stomachs were first filled (the last meal from home) and then we shuffled about like blind mice trying to find the entrance. We had to go through a metal detector, each hoping we wouldn’t hear the deafening, beeping noise that meant you would be arrested. Relieved no one was found guilty (not that we can name a particular ipod holder, as what happens on tour, stays on tour). We went and sat down in the main foyer, the second largest room. We were surprised to think there was a bigger room. Our guide showed us the House of Representatives, (it was green) and told us a few interesting facts about the House of Representatives. Everything that is said in the House of Reps is recorded. There are 150 members that make up a full house and its other name is the Lower House.

In the Education Room of Parliament House we acted out a role-play of passing a bill. Some of us crossed our eyes, toes and fingers hoping we’d get picked as Prime Minster, others were doing the same, but hoping they wouldn't get a role at all.

After groups discussed and voted on different bills we ventured to the Senate, passing portraits of noteworthy politicians.

The Senate has 76 seats, 12 senators from every state and 2 from every major territory. The Senate (red in colour) is also called the Upper House.

Our brains overloaded with facts we staggered into the Australian Electoral Commission (AEC) where we learned about Australia’s voting system.

The theatre room our first stop. Feeling star struck we watched as holograms of people mysteriously appeared below the cinema screen and talking faces projected onto a wall. They told us about the history of Australian government, the voting system and how parliament first began.

Subsequently we went on to experience a room filled with colourful activities to do with government. In one zone you got to see if your parents were on the electoral roll. In another you listened to information about voting and then completed a crossword.

With two rooms explored we crept into the third and final room. This was the room where people under the age of 18 years got the chance to vote. There were four different fruit candidates that we could elect. We experienced electing a fruit in the way a real election would happen. In one election the ‘fruit’ candidate chosen to represent us in parliament was Peach, closely followed by Orange, Apple and last but not least Banana.

Later that evening we concluded our day with a visit to the AIS (Australian Institute of Sport) for a tour of its many high tech sporting facilities. 6L were shown around the Institute by Ollie a 400m runner who was very knowledgeable of the Institute and the athletes training there.

The first stop on our tour was the pool which is said to be one of the most technological pools in the world, where Ian Thorpe and Jeff Huegill had trained. We also saw some upcoming Olympic stars training. Ollie then showed us the gym where some of our Olympic stars were getting fit for the Rio Olympics 2016. We were also lucky enough to see the Australian volleyball team in action.

We then headed up to a room full of fun modified versions of different sports for us to try. Some of the sports we experienced were virtual rowing, bike riding, AFL, skeleton, basketball, cricket, soccer, a reaction test, rock climbing, arm wrestling, sprinting and chin-ups.
After a fun filled time at the AIS it was finally time to get back on the bus and head back to our hotel for dinner.

Our tummies grumbled ferociously as we entered the Carotel dining hall. For dinner we ate chicken, rice and veggies with cordial. The cordial was the highlight of the meal. For dessert we ate flavoured yoghurt popsicles.

We waited and waited to see who was in our cabins. The teachers seemed to enjoy calling out the names of the cabins one by one. One reliable person then held the key that would open the door to a night with no parents and possible madness.

Each cabin contained bunk beds, a decent sized TV, a dining table and a bathroom or two. We all changed into our funky, colourful onesies and chatted until that dreaded call, ‘lights out!’

Some were dreaming of rainbows and butterflies, but most of us were contemplating our next adventure, a day at the snow!

Written by 6L

❖ Fundrai$ing News and Update

Great Gatsby Glamour Trivia Night
Sat 7th September, 2013
Harbord Bowling Club
$250 for table of 10 people
www.stickytickets.com.au
If you have a few people that want to join a table, let me know and we can organise a group
suellend@bigpond.com

Year 3-6 Athletics Carnival
Fundraising will be selling BACON & EGG ROLLS & BOTTLES OF WATER at the oval 9am-12.30pm for parents
Make sure you get your coffees before, and support our local businesses.
**Canteen News**

**Volunteer Roster:**

<table>
<thead>
<tr>
<th>Date</th>
<th>Mon 19th Aug</th>
<th>Tues 20th Aug</th>
<th>Wed 21st Aug</th>
<th>Thurs 22nd Aug</th>
<th>Fri 23rd Aug</th>
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<tbody>
<tr>
<td></td>
<td>Michelle Ashton, Angela Cameron, Vanessa Tucker</td>
<td>Heidi James, Louise McFarlane, Volunteer Needed</td>
<td>Deborah Gilbert, Gill Campbell, Cecil Cruikshank</td>
<td>Helen Barnes, Cathryn Elliot, Tina Jelaca, Mandy Bradley</td>
<td>Jenny Roberts, Anna McDonald, Volunteer Needed, Volunteer Needed</td>
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<td>Thurs 15th Aug</td>
<td>Fri 16th Aug</td>
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<td></td>
<td>Melinda Butt, Fiona Morgan, Tamzin Cuthbert, YR 3-6 Athletics Carnival</td>
<td></td>
<td></td>
<td>Lindsay Hendry, Vanessa Kendall, Nynke Van Oosterhout, Volunteer Needed</td>
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**Volunteers Needed for Fridays:** I still need volunteers for the 4th Friday of each month. If you can help out you are most welcome!!!

**FRESH FOR KIDS PROMOTION – Sydney Markets**

Fresh for kids promotion continues. Fresh fruit and veges are running out the door. It’s amazing how the kids will choose to buy fruit and veg over the counter when they have an incentive.

Each time a student makes a fresh fruit and/or vegetable purchase they will receive a ‘Fuel Your Adventure & Win’ sticker card.

1. The sticker card has 2 stickers – one for the student to keep and the other is a token sticker which must be stuck on the entry form
2. Once 4 separate items of fruit and/or vegetable have been purchased and the sticker card is full with 4 tokens they need to be returned to the canteen to redeem a minor prize
3. All sticker cards will be returned to Sydney Markets for an opportunity to win a major prize
   a. First Major Prize: home entertainment pack including an LG 32” Full HD Dual Core 3D LED LCD TV, an LG BP530 Smart Blu-ray player with Wi-Fi and a family DVD pack (including Escape from Planet Earth)
   b. 3x Second Prizes: iPad minis 16GB with Wi-Fi and a DVD copy of Escape from Planet Earth
   c. 20x 3rd Prizes: DVD copies and poster of Escape from Planet Earth
   d. There is also a Westfield Gift card for $500 for the school with the most entries to spend on educational equipment for the school & $250 for the canteen manager of that school to spend on canteen equipment.

Jan Baldwin

Canteen Manager  **Muffins and fruit salad (fresh daily)**

**NOTICEBOARD**

**MANLY WARRINGAH TOUCH ASSOCIATION ONLINE TEAM REGISTRATIONS ARE NOW OPEN. FRIDAY AFTERNOONS AT NOLANS RESERVE SEE www.manlytouch.com**

**BOOK FAIR** Ted Blackwood Hall, Jacksons and Boondah Rds, Warriewood

Fri 23/8 2 – 9pm  Sat 24/8 9am – 5pm Sun 25/8 9am – 4pm Gold Coin Donation
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