From the Deputy Principal

Semester 1 Reports
Students in K-6 classes will receive their semester 1 reports on Monday, 24th June. The reports will highlight the achievements of the students and give parents an overview of their child's progress in all aspects of school life. Our students do amazing things everyday and I am sure our parents will acknowledge the successes of their children in a range of activities.

Spellathon
Thank you for the excellent support of our school spellathon. We were very pleased with the positive response from students and families. Sponsorship money is still being gratefully accepted at the school office.

All Schools Gala Day
We are hoping the All Schools Gala Day will go ahead this Friday, 14th June. This is a whole day competition held at the following venues.

Boys Soccer – Millers Reserve, Netball – Abbott Road Curl Curl, Rugby League – Nolans Reserve. Participants will travel to Millers Reserve and Nolans Reserve by private car. The netball teams will walk to Abbott Road courts.

There is no PSSA competition on June 14th due to the gala day.

Student Welfare
Our Student Welfare Program is based on the positive reinforcement of good effort, good work and good behaviour. To do this we use a wide variety of strategies. These include presenting students with stickers, chook lotto, merit certificates and achievement banners.

On the occasions where students engage in unwanted behaviours a referral system is used. The system is designed to:

- have the child be responsible for his/her own behaviour
- give support and guidance for students who are having difficulties with their behaviour
- provide open communication between the home and the school

The referral system follows four steps:

A warning – STOP DOING THAT
First referral recorded.
Second referral recorded. Parents informed by note or phone.
Third referral in 3 month period. Parent interview with view to possible suspension.

Regional Cross Country Carnival
Good luck to our 9 participants representing Manly Zone at the regional cross country carnival at Gosford on Thursday. Mr Holmes and Mrs Cummins will be able to encourage the Harbord children as they have official duties at the carnival.

Brian O’Rourke

DIARY DATES

<table>
<thead>
<tr>
<th>JUNE</th>
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<tbody>
<tr>
<td>Thu 13</td>
<td>Syd Nth Regional X Ctry</td>
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<tr>
<td>Fri 14</td>
<td>Manly/Warr Gala Day</td>
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<tr>
<td>Wed 19</td>
<td>Banner Assembly K-2</td>
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<td>1.45 – 2.30pm</td>
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<td>Thu 20</td>
<td>Musica Viva Yrs 3-6</td>
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<tr>
<td>Mon 24</td>
<td>Syd Nth Dance Rehearsals</td>
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<tr>
<td>Wed 26</td>
<td>Banner Assembly 3-6</td>
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<td>Syd Nth Dance Perf Glen St</td>
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<td>Thu 27</td>
<td>Project Penguin Zoo Expo</td>
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<td></td>
<td>Syd Nth Dance Perf Glen St</td>
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<td>Fri 28</td>
<td>Last Day of Term 2</td>
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<table>
<thead>
<tr>
<th>JULY</th>
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<tbody>
<tr>
<td>Mon 15</td>
<td>Staff Development Day</td>
</tr>
<tr>
<td>Tues 16</td>
<td>Students Return Term 3</td>
</tr>
</tbody>
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Bank with us and everybody benefits

Proudly supported by: Freshwater Community Bank® Branch
20 Albert Street, Freshwater
Phone 9939 6744
Banner Assemblies:
In 2013 these will be held each Semester rather than each term.
The first Banner assembly for students will be in Term 2:
K-2 students on **Wednesday June 19**th
3-6 students on **Wednesday 26**th **June**
Invitations will be sent out to relevant students this week. The Concert Band will be performing at our Primary banner assembly.

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**Dogs:**
This is a reminder for parents (particularly those who may be new to the school this year). By law dogs are not permitted in school playgrounds at any time, including hours OOSH is in operation. They also cannot be left tied to school gates or fences whilst parents drop off or pick-up children. There is a hefty fine imposed for this, in excess of $300. Council rangers are currently patrolling schools on a regular basis before and after school.

**School Access:**
Parents are reminded that school grounds are not an appropriate area for school children to play at weekends, during holidays or outside school hours. Their safety during these times cannot be guaranteed. As part of the ‘enclosed lands act’, those who are on school premises during these times are in fact trespassing.

**Fee Reminders:**
Reminders regarding all outstanding invoices will be sent out to parents in the last week of this term. We ask that parents pay particular attention to amounts relating to:

- **Excursions** (including ‘Project Penguin’)
- **Incursions** (such as DigiEd, CSIRO programs, Kindifarm)
- **Performances** (eg shows attended on parent interview days, Musica Viva, ‘African Beat’)

The school has already paid for the majority of these for all children who participated or attended. 3-6 classes will attend the Musica Viva performance on Thursday 20th June.

Ms Lisa McKenzie
Relieving Deputy Principal
Fundraising News and Update

- It’s still not too late to send in your spellathon forms and money. Please place in the K-6 Fundraising box in the office.
- Entertainment books for sale: $65
- (20% goes back to the school) only until 30th June
- Lost a container?? Year 6 Cake stall containers are in the office, please collect or they will go to a charity!

Canteen News

Volunteer Roster:

<table>
<thead>
<tr>
<th>Mon 17th June</th>
<th>Tues 18th June</th>
<th>Wed 19th June</th>
<th>Thurs 20th June</th>
<th>Fri 21st June</th>
</tr>
</thead>
<tbody>
<tr>
<td>Michelle Ashton</td>
<td>Heidi James</td>
<td>Gill Campbell</td>
<td>Leanne Raymond</td>
<td>Lindsay Hendry</td>
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<tr>
<td>Angela Cameron</td>
<td>Louise McFarlane</td>
<td>Ceciel Cruikshank</td>
<td>Fiona Morgan</td>
<td>Vanessa Kendall</td>
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<tr>
<td>Vanessa Tucker</td>
<td>Teonie Brunell</td>
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<td>Tamsin Cuthbert</td>
<td>Brook Bennett</td>
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<td></td>
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<td>Volunteer needed</td>
<td>Nicki McGinn</td>
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<td></td>
<td></td>
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<td>Nynke Van Oosterhout</td>
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PSSA Orders: Please note that winter PSSA has begun. Please make sure you select the PSSA option when ordering on Friday if your child is involved in PSSA sport. This ensures that their lunch is ready for the early PSSA pick up time. If PSSA isn’t selected I am unable to find these orders in the large volume of orders that I have on a Friday. So if you forget to select this option your child’s lunch will be kept in the canteen for pick up on return from PSSA.

HAPPY ½ HOUR FRIDAYS…..

Great way to end the school week.

SOUP: Soup is back on the menu now that there is a winter chill in the air. Please order online. Type of soup will change weekly & will be changed on flexischools.

MEXICAN MONDAY MEAL DEAL: Monday’s meal deal for winter has changed to chicken enchilada. Please note that the meal deal comes with a piece of fruit and a drink. Please see fleximeals for ingredients. Jan Baldwin Canteen Manager
Influenza

Last updated: 1 July 2012

What is influenza?

Influenza, or flu, is a highly contagious respiratory illness caused by influenza viruses. There are three main types of influenza virus that cause infection in humans – types A, B and C – and many sub-types or strains. Influenza can occur throughout the year but influenza activity usually peaks in winter.

Influenza is a vaccine-preventable illness but a new vaccine needs to be given each year because influenza viruses change (mutate) constantly. A new influenza vaccine is prepared each year to best match the strains predicted for the coming influenza season.

What are the symptoms?

People with influenza typically experience some or all of the following symptoms for at least a week:
- fever and chills
- cough, sore throat and runny or stuffy nose
- muscle aches, joint pains, headaches and fatigue (feeling very tired)
- nausea, vomiting and diarrhoea (more common in children than adults)

Seek immediate medical advice if the illness quickly becomes worse or if any of the following occurs:
- shortness of breath or rapid breathing
- chest pain
- confusion or sudden dizziness
- persistent vomiting

How is it spread?

- Influenza viruses are mainly spread by droplets made when an infected person coughs or sneezes
- Influenza can also spread after touching surfaces where infected droplets have landed
- Influenza can be spread to someone by an infected person even before their symptoms begin
- Adults with influenza are infectious from the day before their symptoms start until 5-7 days later
- Young children and people with weakened immune systems may be infectious for longer.

Who is at risk?

While anyone can get influenza, the following people are at higher risk of complications from influenza infection (and are eligible for free annual influenza vaccine):
- All individuals aged 65 years or older
- All Aboriginal and Torres Strait islander peoples aged 15 years or older
- Pregnant women
Get riding these school holidays!

AustCycle’s program is designed to teach children between the ages of 5 and 12 the important skills of bike control and road safety so that they can confidently ride on the weekend, to school or with family and friends.

There are two courses being offered in Pittwater these school holidays, which will be delivered from July 1 to July 11, 2013.

1. Bike Control - (10am until 12pm at Narrabeen North Public School)
   For children who want to learn how to:
   - Control their bike through a range of bike handling skills
   - Brake safely in different types of conditions
   - Learn and apply safety principles when riding a bike

2. Road Safety - (1 pm until 3 pm at Narrabeen North Public School)
   For children who want to learn how to:
   - Further develop their bike handling skills
   - Effectively scan and identify hazards while riding
   - Signal safely while riding in traffic
   - Correctly negotiate intersections and roundabouts

Both programs are just $35 and includes

- 6-hours of training with two accredited AustCycle Teachers
- A participant pack that includes a certificate of recognition

Give your child the confidence and skills to ride safely by registering online on AustCycle homepage [http://www.austcycle.com.au](http://www.austcycle.com.au). There are limited spots available so register today!

For any course queries, call AustCycle on (02) 9339 5842.

This program was funded by the Australian Government.
Try Softball Camp’
Warringah Softball Club is running a ‘Try Softball’ CAMP in the school holidays
This clinic is aimed at all school girls in Yr 1 to Yr 4 that have never played softball before and
would like to experience the enjoyment of this wonderful summer sport.
WHERE: Cromer Primary School Grounds, Carcoola Rd, Cromer.
WHEN: 9am – 1pm on Tuesday 2nd July
COST: Free for the day.
WHAT TO BRING: Snacks for the day, Drink Bottle, Hat and Sun Cream
Softball Glove if you have one, (otherwise this will be provided.)
Further Enquiries please phone or SMS Kerryl 0431 878 920
Or register online at www.warringahsoftball.com
Warringah Softball Club Inc

Horrible Histories
Live On stage
AWFUL EGYPTIANS
From the 2\textsuperscript{nd} July to 14\textsuperscript{th} July there is a live stage production of “Horrible Histories - Awful Egyptians
at the \textbf{Opera House}
An experience kids will remember for eternity.
Recommended for ages 6+
Using actors and ground breaking 3D special effects this astounding show will thrill you.
For more information call box office 92507777 or go to \texttt{www.sydneyoperahouse.com}

PROJECT PENGUIN AFTERNOON
\textsc{TUES 18\textsuperscript{TH} JUNE 4-5PM MANLY LIBRARY}
\textit{IN CONJUNCTION WITH LOCAL SCHOOL CHILDREN, MANLY LIBRARY IS
HOSTING A PERFORMANCE AFTERNOON SHOWCASING CHILDRENS WORK
FROM PROJECT PENGUIN COME ALONG AND ENJOY THIS SPECIAL
AFTERNOON.}

\textbf{VACATION HOLIDAY PROGRAM}
www.starsportscamps.com
\textbf{AGES 5 – 15 BOYS AND GIRLS 8.30 - 5.30
JULY SCHOOL HOLIDAYS
PLAY SPORTS PLAY SAFE PLAY FAIR
MON 1 JULY TO FRI 12 JULY HARBORD PUBLIC SCHOOL
MON 15 JULY BIG BLAST BROOKVALE
\textbf{Mon - Sport and Games, Tues - Movies and Bowling, Wed - Survivor Days,
Thurs - Big Blast and City Days, Fri – Olympics Day.}
\textbf{Star Sports is a Registered Child Care Provider Ph 1300752977}
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- Lots of fun activities, drama, music & games
- Experienced and enthusiastic teachers
- Supported by fantastic fun activities online at Babelzone - visit our website for a FREE TRIAL

www lettclubs.com.au

Book now: 99072470
Julia.higgs@lettclubs.com.au

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**Kids Tennis After School & Sat**

www.keirleparktenniscentre.com.au

Kids 4-9 years of age

Mon, Tues, Wed, Thurs at 4pm AND Sat 8am, 9am, 10am 5-7 per group $149 for the term

Kids 10 yrs + OR those of competition standard

Tues, Wed & Thurs at 5-6:30pm
5-7 per group $195 for the term

Tennis class

Mon 5pm, 5-7 per group $159 for the term

BOOKINGS ARE ESSENTIAL - for good class sizes we need to know how many children will be attending. Payment due first day.

Private lessons $42 half hour & $80/hr

Interested in tennis lessons for adults? Call for a timetable.

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**Holiday Camps**

Tennis Camps Jan, April, July, Oct

Daily & weekly rates. Full and half day options.

All standards from 4 to 13 yrs of age.

Ph: 9977 1307

Bookings essential

Owners: Wendy Comerford and Howard Smith

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**KIDS ART CLASSES**

Holiday Workshops, Art Parties, ALL AGES from 3 years to 103 Information Flyers in Office

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petrapinn@gmail.com
www.gallerycatssydney.com

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**SPORTS FUNDAMENTALS**

Multi Sport Term programs run Monday, Wednesday and Friday at the Harbord Diggers Club ages 2-7yrs

Multi Sports Holiday Camps run every school Holidays at the Harbord Diggers Club - ages 3-8yrs

AFL Holiday Camps run during the April and July Holidays - ages 4-12yrs

Sports Fun Parties, a Healthy Party Alternative! Contact 0430 327 557 - nbsportsfun@gmail.com

www.sportsfun.com.au
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