Welcome back to school.
It was great to see all our students back rested and ready for a bright and busy term. We trust that you and your families are well and looking forward to the times ahead.

School Development Days
On Monday, Harbord Public School hosted a combined professional learning conference for three hundred teachers from our neighbouring schools. Teachers and colleagues from Narraweena, Beacon Hill, Manly West, Manly Vale, Curl Curl North, Brookvale, Manly Village, Balgowlah Heights, Balgowlah North, Dee Why and Harbord Public Schools worked together in a learning alliance to support teacher professional development. On Tuesday our schools convened at Beacon Hill Public to learn more about the the new English Syllabus due for implementation in 2014. The combined groups were addressed by the Primary Inspector from the NSW Board of Studies and participated in online learning modules. Thank you for your support in enabling this very important opportunity for staff to participate in high level learning.

Naplan Year 3 and Year 5
Students in Years 3 and 5 will sit for the National Assessment Program Literacy and Numeracy (NAPLAN) test on 14, 15 and 16 May this year. For students in Years 3 and 5, there are four tests covering numeracy, reading, writing and language conventions (spelling, punctuation and grammar. An email with additional information will be distributed to parents of these students.

**NAPLAN 2013 tests timetable**

<table>
<thead>
<tr>
<th>Year 3</th>
<th>Tuesday 14 May</th>
<th>Wednesday 15 May</th>
<th>Thursday 16 May</th>
</tr>
</thead>
<tbody>
<tr>
<td>Language Conventions</td>
<td>40 minutes</td>
<td>Reading 45 minutes</td>
<td>Numeracy 45 minutes</td>
</tr>
<tr>
<td>Writing</td>
<td>40 minutes</td>
<td></td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Year 5</th>
<th>Tuesday 14 May</th>
<th>Wednesday 15 May</th>
<th>Thursday 16 May</th>
</tr>
</thead>
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</tr>
<tr>
<td>Writing</td>
<td>40 minutes</td>
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</tbody>
</table>

**PSSA Sport Teams Trials**
Trials for PSSA teams will continue this coming Friday

**DIARY DATES**

**MAY**

SUN 5  Junior Band Camp
MON 6  African Beat Program K-2
TUES 7  Syd Nth Dance Auditions
MON 13  Cross Country Y3 – Y6
WED 8  YR5 Project Penguin
FRI 10  PSSA Winter commences

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From the Deputy Principal

Welcome back to all our K-6 students. Everyone looked rested after the magnificent weather on offer over the holiday period. We look forward to a busy and productive term 2. I have already given the students the secret recipe for a happy and successful term 2. Good behaviour, good manners and good effort.

Anzac Day Service

Year 2-6 students attended our school Anzac Day Service on the last Friday of term 1. The service was run by our captains and seniors and it was a lovely service to honour our fallen soldiers. We were all very proud of our students who presented speeches, sang in our choir and played the musical pieces. The students behaved beautifully throughout the assembly to ensure a respectful and moving service took place. Thank you to our teachers who had prepared the students so well for this important event in our school year. Well done to all involved.

Opportunity Class Placement 2014

Opportunity classes are one strategy used by the Department of Education to cater for the learning needs of gifted and talented students. Year 4 students have the opportunity to apply for opportunity class placement in year 5 in 2014. Placement tests will be conducted at designated local high school venues. Applications can be completed online or by requesting an application package from school. On line or paper applications need to be completed by Friday 17th May. Paper applications are to be returned to the child’s class teacher.

The school is required to provide an assessment in Mathematics and English for each applicant. Information sheets will be issued to all year 4 students this week. Parents wishing to have their child undertake the test are asked to return the tear off slip to their child’s class teacher.

The OC placement program is a very competitive process designed to cater for the most able students with a history of academic success. Please note that online applications are accessible from Monday 29th April at www.schools.nsw.edu.au/ocplacement

PSSA Winter Sport

Winter PSSA competition commences Friday 10th May. Harbord has entered junior and senior teams in Rugby League, Soccer – boys and girls, Netball and Netta.

Selection trials will take place during Friday sport time this week.

Sport In Schools Program

Students in years 3-6 not involved in Winter PSSA will participate in the Sport in Schools Program throughout term 2. The program will be held each Friday at Harbord Park commencing Friday 10th May.

Photographs

Order forms are available from the school office for students wishing to order Summer PSSA team photographs taken in term 1. The team photographs are on display in an album located in the school office. The cost per photograph is $18.00. Orders need to be finalised by Friday 24th May.

Stewart House

Harbord PS is a strong supporter of Stewart House. An envelope drive to raise essential funds for Stewart House is currently being conducted. Students are asked to place a gold coin in the envelope and return it to school. Funds raised will go to financing the excellent programs conducted by Stewart House for disadvantaged students from all over NSW. Envelopes will be distributed to all students this week. The theme is Kids Helping Kids and we are hoping to raise $1000 for Stewart House. Envelopes are to be returned to school by Friday 17th May.

Brian O’Rourke
Helping your child to become a good speller

Spelling is one of our Regional and school learning targets for 2013. With this in mind here are some useful hints for parents.

At a glance
Use everyday opportunities to draw your child's attention to words.

• Talk to your child about how you spell and what you do when you don't know how to spell a word.
• When your child comes to words they can't spell, encourage them to look at the new words, say them, cover them with their hand, write them from memory, and then check them.
• When learning to spell an unknown word, first talk about what the word means.

When your child is taught spelling at school, they learn to understand:

• how words sound
• how words look
• how words change form, eg from 'jump' to 'jumped'
• where words come from.

At school, kids:

• usually spend time each day studying words
• learn that spelling is a tool that is closely linked to writing and reading
• learn that accurate spelling matters and that it's important to check their writing for mistakes.

Spellathon

Spellathon is on Friday 31st May!!!!
This is one of our major fundraising events to raise money for the purchase of ipads.
Sponsorship forms and money are due back on Friday 7th June, 2013 and should be placed in the K-6 fundraising box at the office

Entertainment Books
Help us raise funds for Harbord School
Books are $65.00 and we receive 20% for fundraising!
Courageous Kids

Do you know a child aged 6-8 who...

- Is often overcome with fear and worry, even in familiar situations?
- Struggles with change?
- Has low self-esteem?
- Experiences levels of stress that prevent the enjoyment of everyday activities?

Anxiety is Australia’s most common form of psychological disorder, affecting up to 20% of children and teenagers. If a child's anxiety is not addressed, it can significantly interfere with development and learning. It can also lead to serious problems in later life, such as social isolation, underachievement and depression.

**COURAGEOUS KIDS** is an early intervention and anxiety prevention program that helps children and their families build effective strategies to deal with worry, stress and change.

In Term 2, 2013 **COURAGEOUS KIDS** will support kids aged 6-8 who need practical help to develop better self-esteem, problem solving, self-expression and relationships with peers and adults.

In fun weekly sessions, small groups of children are guided toward a more confident future by a qualified and experienced Child Psychologist. **COURAGEOUS KIDS** is a health service and children who participate may be eligible for private health insurance or Medicare rebates.

"I feel much braver now. I have learned that I don’t have to let my worries get me down. There are lots of things I can do to relax and feel better about myself. My teacher says I am doing much better at school and I feel good."

Sarah, age 8

**COURAGEOUS KIDS** at Kids First Children’s Services
Bookings open now for Term 2, 2013

Facilitator – Robyn Fallshaw - Child Psychologist

Parents must attend a preliminary session with the psychologist prior to the start of **Courageous Kids** to ensure that this program is the appropriate clinical option for their child.

For more information or to book a place call Kids First Children’s Services on 9938 5419 or visit www.kids-first.com.au
# Canteen News

## Volunteer Roster:

<table>
<thead>
<tr>
<th>Mon 6th May</th>
<th>Tues 7th May</th>
<th>Wed 8th May</th>
<th>Thurs 2nd May</th>
<th>Fri 3rd May</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heather Lawson Tracey Bright Kathryn McDonald</td>
<td>Briar Wain Edwina Annand Honie Farrington Megan Carroll Cindy Kirby</td>
<td>Anja Agius Rochelle Iwakura Megan Connell</td>
<td>Alex Darragh Melinda Butt Volunteer needed Volunteer needed</td>
<td>Cristina Cannon Jacinta Anderson Fi Chandler Sue Ainsworth Nicole Thom Julia Higgs (1/2 day)</td>
</tr>
</tbody>
</table>

**Thurs 9th May**

Becky Edwards Debbie Morley Sil Vave Jenny Tooth

**Fri 10th May**

Wendy Quail Donna Gulbin Jodie De Laffitte Volunteer needed Volunteer needed

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### Limited recess over the counter orders for Kindy – Yr 1:

We are no longer serving ice blocks or drinks over the counter at recess to kindy & yr 1. The reason for this is that the teachers found that this age group don’t have the time to finish these items before they return to class. They are able to purchase these items at lunch when they have more time to eat / drink them. Thanks for your understanding on this.

### PSSA Orders:

Please note that winter PSSA will begin the second Friday of term 2 (10th May). Please make sure you select the PSSA option when ordering on Friday if your child is involved in PSSA sport. This ensures that their lunch is ready for the early PSSA pick up time. If PSSA isn’t selected I am unable to find these orders in the large volume of orders that I have on a Friday. So if you forget to select this option your child’s lunch will be kept in the canteen for pick up on return from PSSA.

### Introducting Happy ½ hour Fridays.....

The canteen will be open on Friday afternoons till 3.15pm for drinks, iceblocks & slushies.

**GREAT way to start the weekend!!!!!**

Jan Baldwin Canteen Manager

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### Moved or Changed Address in the Holidays???

**Please complete and forward to the school office**

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**Change of Details**

- **Name of child/ren:**
- **New Address:**
- **New Home Phone:**
- **New Work number/s:**
- **New Emergency Contact/s:**

(please specify who number is for)

For Office Use: Have changed details on computer [ ] Have changed details on student information card [ ]
# Parenting Programs

## Enquiries: Child & Adolescent Parenting 9887 5830


## WHAT'S ON IN TERM 2 - COURSES/WORKSHOPS FOR PARENTS/CARERS

### Tuning in to Kids Course (3-10yrs)
Help your child develop emotional intelligence, manage emotions & deal with conflict.
Chatswood 5wks/2.5hrs (28/5-25/6, 7.00-9.30pm)

### Triple P (Positive Parenting Program) Course (3-8yrs)
Strategies to encourage desirable behaviour and manage persistent misbehaviour.
Chatswood 7sessions over 8 wks - 5 group & 2 telephone (8/5-26/6)

### Communicating with Kids Course (based on PET) (4-12 yrs)
Communication skills for building effective long term relationships with your children & family.
Chatswood 6 wks/2.5hrs (23/5 - 27/6, 7.00-9.30pm)

### Communicating with Teens Course
Aims to increase your understanding of your adolescent’s needs & behaviour with skills to relate to them.
Chatswood 5 wks/2.5hrs (20/5 -24/6, 7.00-9.30pm)

### Toddlers Workshops (1-3yrs)
Series of 3 workshops on Discipline, Tucker & Toilet Training, Speech & Sleep
Cremorne 16/5-30/5 & Chatswood 5/6-19/6 (3 wks/2.5hrs (7.00-9.30pm)

### Resilient Kids Workshop
Strategies to accept & express feelings, develop optimistic thinking & coping skills
Chatswood (21/5, 7.00-9.30pm)

### Dealing with Teen’s Backchat Workshop
Learn how to restore a respectful & positive relationship between you & your teenager
Chatswood (13/5, 7.00-9.30pm)

## WORKSHOPS ON REQUEST - PHONE 9887 5830 (2-2.5 hours)

| ★ Understanding Your Toddler/Discipline & Tantrums | ★ Transition to School |
| ★ Tucker without Tantrums/Toilet Training | ★ Transition to High School |
| ★ Speech & Language Development/Sleep | ★ Triple P (PPP) Seminar Series |
| ★ Older Sibling - New Baby | 1-12 years & Teens |
| ★ Bully Busting | ★ Dealing with Teen’s Back Chat |
| ★ Resilient Kids | NEW ★ Grand Parenting |

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**NSW Health Northern Sydney Local Health District**

**Dads and their children Benefit from time together**
EMPIRE MUSIC TUITION

Give your child the best music experience possible
Inspiring private music lessons during after school hours
Guitar – Electric, Acoustic, Piano, Woodwind, Violin, Brass, Drum kit, Singing
$35/half hour + Family discounts
Call 9948 2072 to Enrol

1/251 Sydney Rd, Bulimba 2003
empressmusic@ninemedia.com.au
www.empressmusicblog.com.au
Taking Term 2 Enrolments Now!

The Fun way to become bilingual!
French and Mandarin Clubs!

French and Mandarin Breakfast Clubs at Harbord P.S. Wednesdays 8am
Lots of fun activities, drama, music & games
Experienced and enthusiastic teachers
Supported by fantastic fun activities online at Babelzone - visit our website for a FREE TRIAL
www.lcfclubs.com.au
Book now: 99072470
Julia.higgs@lcfclubs.com.au

TAE KWON DO

Self Defence for Children and Adults
- Stop Bullying
- Improve Self Discipline
- Improve Self Confidence
- Improve Concentration (inc. ADD ADHA)
- Improvement in 1 term
Try Tae Kwon Do!!
Instructor: Master - Jay Seo (Past International Champion)
0418 463 709 / 9400 9676

KEIRLE PARK TENNIS CENTRE

KIDS TENNIS

- Harbord-Waves (23 Oliver St)
  Fri 4:00 - 5:00 pm
- Dee Why United Church Hall (Next to Police)
  Tue 4:00 - 7:00 pm
  Thur 7:00 - 8:00 pm
  Sat 1:00 - 2:00 pm

www.keirleparktenniscentre.com.au

KEIRLE PARK

KIDS ART CLASSES

Avenue

- Kindergarten 18 months - 5 yrs
- Recreation Class 5+
- Gymnastics Class 5+

www.aagi.com.au

www.sportsfun.com.au

SPORTS FUNDAMENTALS

Multi Sport Term programs run Monday, Wednesday and Friday at the Harbord Diggers Club
ages 2-7yrs
Multi Sports Holiday Camps run every school holidays at the Harbord Diggers Club - ages 3-8yrs
AFL Holiday Camps run during the April and July
Holidays - ages 4-12yrs
Sports Fun Parties, a Healthy Party Alternative!
Contact 0430 327 557 - nbe@sportsfun.com.au

Enrol your child now!
(5-11yrs) Tues, Thurs & Fridays 4-5pm
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Academy of Acrobatics and Gymnastics
is ENROLLING NOW
CLASSES FOR EVERY AGE GROUP
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- Birthday Parties
- Acrobatics Class 5+
- Tumbling Class 5+
- Adult Class

www.aagi.com.au

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Our programs are designed to get your kids fit while having fun. With TKD we are committed to instilling the qualities to enhance confidence, self-esteem and respect to parents.
Ph: 1300 853 468

at Empower Gym
4/22 Orchard Rd, Brookvale
www.imt.org.au.au ron.classans@imt.org.au
Enrol your child now!
(5-11yrs) Tues, Thurs & Fridays 4-5pm
FREE UNIFORM ON ENROLMENT